

Step therapy — Select

Utilization management updates — July 1, 2021



Most medical conditions have many medication options. Although their clinical effectiveness may be the same, the costs can be very different. The Step Therapy program gives you the treatment you need, usually at a lower cost.

This is a list of medications that have been added to the Step Therapy program.

Here's how it works:

With this program, you must try a step 1 medication first, before a step 2 medication may be covered. When you bring a prescription to your pharmacy, our system will check the medication for step therapy requirements. If your pharmacy claims show you have tried a step 1 medication in the recent past, the step 2 medication may be filled. If not, the pharmacist will contact your doctor to explain next steps.

If you see your medication listed, we encourage you to talk with your doctor about your treatment and medication options. If you have questions about the Step Therapy program, call the phone number on your member ID card.

Step therapy medications

The following medications have been added to a step therapy program. This means you must try a lower-cost medication (step 1) before a higher-cost medication (step 2) is covered.

Therapeutic use	Step 1 medication	Step 2 medication
Anti-infectives		
HIV³	Any one of the following preferred brands: JULUCA, SYMFI, SYMFI LO, TRIUMEQ OR CIMDUO and any one of the following preferred brands: ISENTRESS, TIVICAY	ATRIPLA
	CIMDUO	TEMIXYS
Oral Brand Tetracyclines	Generic doxycycline or minocycline	ACTICLATE, ADOXA, DORYX, DORYX MPC, DOXYCYCLINE HYCLATE DR, MINOLIRA, MONODOX, ORACEA, SOLODYN, TARGADOX, VIBRAMYCIN
	Both of the following generics: doxycycline AND minocycline	SEYSARA
Otic Agents	ofloxacin	CETRAXAL, CIPROFLOXAXIN OTIC
	Both of the following generics: ofloxacin AND ciprofloxacin-dexamethasone otic	CIPRODEX
Cardiovascular		
Renin-Angiotensin System Agents	Any one of the following generics: amlodipine-benazepril, amlodipine-olmesartan, benazepril, benazepril-HCTZ, candesartan, candesartan-HCTZ, captopril, captopril-HCTZ, enalapril, enalapril-HCTZ, fosinopril, fosinopril-HCTZ, irbesartan, irbesartan-HCTZ, lisinopril, lisinopril-HCTZ, losartan, losartan-HCTZ, moexipril, moexipril-HCTZ, olmesartan, olmesartan-HCTZ, olmesartan-amlodipine-HCTZ, perindopril, quinapril, quinapril-HCTZ, ramipril, telmisartan, telmisartan-HCTZ, trandolapril, trandolapril-verapamil	EDARBI, EDARBYCLOR, TEKTURNIA HCT
Statins	Any one of the following generics: atorvastatin, fluvastatin, fluvastatin ER, lovastatin, pravastatin, rosuvastatin, simvastatin	ALTOPREV, EZALLOR, FLOLIPID, LESCOL XL, LIPITOR, LIVALO, PRAVACHOL, SIMVASTATIN SUSP, ZOCOR
	Any one of the following generics: atorvastatin, fluvastatin, fluvastatin ER, lovastatin, pravastatin, rosuvastatin, simvastatin AND LIVALO ¹	ZYPITAMAG
Fibric Acid Derivatives	Any one of the following generics: fenofibric cap, fenofibrate tab, fenofibrate micronized cap, fenofibric acid tab AND LIPOFEN	FENOGLIDE, FIBRICOR, LOFIBRA, TRIGLIDE
Central Nervous System		
ADHD Agents	Any two of the following generics or preferred brands: amphetamine-dextroamphetamine IR or ER, dexamethylphenidate IR or ER, dextroamphetamine IR or SR, methylphenidate IR or ER, VYVANSE	ADDERALL ² , ADDERALL XR ² , ADHANSIA XR ² , ADZENYS ER ² , ADZENYS XR ODT ² , APTENSIO XR ² , CONCERTA ² , COTEMPLA XR-ODT ² , DAYTRANA ² , DESOXYN ² , DYANAVEL XR ² , EVEKEO ² , FOCALIN ² , FOCALIN XR ² , JORNAY PM ² , KAPVAY, METADATE CD ² , METHYLIN ² solution, METHYLIN Chew ² , MYDAYIS ² , PROCENTRA ² , QUILLICHEW ER ² , QUILLIVANT ² , RITALIN ² , RITALIN LA ² , ZENZEDI ²

Brand-name medications are shown in UPPERCASE (for example, CLOBEX) and generic medications in lowercase (for example, clobetasol).

Therapeutic use	Step 1 medication	Step 2 medication
Anticonvulsants³	Any one of the following generics: lamotrigine IR, levetiracetam IR or ER, oxcarbazepine IR, topiramate IR	BRIVIACT, XCOPRI
	topiramate IR	QUDEXY XR, TROKENDI XR
	oxcarbazepine IR	OXTELLAR XR
Antidepressants³	bupropion ER	APLENZIN ² , FORFIVO XL ²
	Any two of the following generics: desvenlafaxine succinate ER, duloxetine, venlafaxine, venlafaxine ER	FETZIMA ²
	Any two of the following generics: bupropion, citalopram, desvenlafaxine succinate ER, duloxetine, escitalopram, fluoxetine, mirtazapine, paroxetine, paroxetine ER, sertraline, venlafaxine, venlafaxine ER	DESVENLAFAXINE ER ² , KHEDEZLA ² , PAXIL suspension, TRINTELLIX ²
	Any one of the following generics: duloxetine	DRIZALMA
Antipsychotics³	Any two of the following generics: asenapine, aripiprazole, clozapine, olanzapine, paliperidone, quetiapine IR or ER, risperidone, ziprasidone	CAPLYTA ² , FANAPT ² , SAPHRIS ² , SECUADO ²
	Any one of the following generics: asenapine, aripiprazole, clozapine, olanzapine, paliperidone, quetiapine IR or ER, risperidone, ziprasidone	VRAYLAR ²
Insomnia Agents	Any one of the following generics: eszopiclone, temazepam, zaleplon, zolpidem, zolpidem CR	BELSOMRA ² , DAYVIGO ²
	Any one of the following generics: zolpidem, zolpidem CR	EDLUAR ² , ZOLPIMIST ²
Migraine Agents	Any two of the following generics: almotriptan, eletriptan, frovatriptan, naratriptan, rizatriptan, sumatriptan, zolmitriptan	ONZETRA XSAIL ² , TOSYMRA ² , TREXIMET ² , ZOMIG NASAL ²
Neurologic Agents	gabapentin	GRALISE ²
	Any one of the following generics: amitriptyline, cyclobenzaprine, duloxetine, gabapentin, pregabalin	LYRICA CR ² , SAVELLA ²
Non-Narcotic Analgesics	Any two of the following generics: diclofenac, diclofenac CR, diflunisal, etodolac, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclufenamate, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin	CAMBIA, DICLOFENAC capsules, INDOCIN suppository, INDOCIN suspension, INDOMETHACIN capsules, TIVORBEX, VIVLODEX, ZORVOLEX
Opioid Antagonists	NARCAN	EVZIO
Opioid Withdrawal	clonidine	LUCEMYRA ²
Parkinson's Disease	Any one of the following generics: pramipexole IR or ER, ropinirole IR or ER	NEUPRO
	Any one of the following generics: carbidopa-levodopa, carbidopa-levodopa CR	RYTARY
	Both of the following generics: rasagiline, selegiline	XADAGO ²
	Any one of the following generics: entacapone	ONGENTYS

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Therapeutic use	Step 1 medication	Step 2 medication
Dermatology		
Rosacea	Any one of the following generics or preferred brands: azelaic acid gel, FINACEA FOAM, SOOLANTRA	FINACEA GEL, NORITATE, ZILXI
	Any one of the following generics or preferred brands: metronidazole gel, FINACEA FOAM, SOOLANTRA	METROGEL
Skin Cancer Agents	Any one of the following generics: fluorouracil, imiquimod	diclofenac gel 3% ² , PICATO
	imiquimod 5%	ZYCLARA
Topical Acne Treatments	Any one of the following preferred brands: EPIDUO FORTE, ONEXTON	ACANYA, AKTIPAK, BENZACLIN, BENZAMYCIN, DUAC, VELTIN, ZIANA
	Any two generic single-agent topical clindamycin products	CLINDAGEL
Topical Psoriasis Agents	calcipotriene	CALCIPOTRIENE foam, SORILUX
Topical Immuno-modulators	tacrolimus ointment	ELIDEL, pimecrolimus, PROTOPIC ointment
	Any one of the following generics: alclometasone, amcinonide, betamethasone, calcipotriene-betamethasone, clobetasol, clocortolone, desonide, desoximetasone, diflorasone, fluocinolone, fluocinonide, fluticasone, halobetasol, hydrocortisone, mometasone, pramoxine-HC, prednicarbate, triamcinolone	EUCRISA
Endocrinology		
Basal Insulin	Any two of the following preferred brands: LANTUS, LEVEMIR, TOUJEO, TRESIBA	BASAGLAR, SEMGLEE
Diabetic Agents	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	ACTOPLUS MET XR, AVANDIA, CYCLOSET, RIOMET, RIOMET ER
Blood Glucose Meters and Strips	CONTOUR NEXT	ABBOTT ² , ACCU-CHECK ² , ACON ² , ADVOCATE ² , AT LAST ² , BAYER ² , BIOTEL ² , D-CARE ² , DIATHRIVE ² , EASYMAX ² , EASYPLUS ² , EMBRACE ² , EPS ² , EXACTECH ² , FOR A CARE ² , FORTISCARE ² , FREESTYLE ² , GENSTRIP ² , GLUCOCARD ² , GMATE ² , INFINITY ² , LIBERTY ² , MICRODOT ² , NEUTEK ² , ON CALL ² , ONETOUCH ² , OPTIUM ² , PRECISION ² , QUINTET ² , RELION ² , REVEAL ² , SUPREME ² , TELCARE ² , TRUE METRIX ² , TRUETEST ² , TRUETRACK ² , ULTIMA ² , UNISTRIP ² , VERASENS ² , VIVAGUARD ² , VIVID PAL ²
Glucagon	Any one of the following preferred brands: GLUCAGON, GVOKE, BAQSIMI	GLUCAGEN HYPOKIT

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Therapeutic use	Step 1 medication	Step 2 medication
DPP4 Inhibitors	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	JANUMET, JANUMET XR, JANUVIA, JENTADUETO, JENTADUETO XR, TRADJENTA
	Any one of the following preferred brands: JANUMET ¹ , JANUMET XR ¹ , JANUVIA ¹ AND any one of the following preferred brands: JENTADUETO ¹ , JENTADUETO XR ¹ , TRADJENTA ¹	alogliptin, alogliptin-metformin, alogliptin-pioglitazone, KAZANO, KOMBIGLYZE XR, NESINA, ONGLYZA, OSENI
GLP-1 Agonists	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	BYDUREON ² , BYDUREON BCISE ² , BYETTA ² , OZEMPIC ² , RYBELSUS ² , TRULICITY ² , VICTOZA ²
	Any one of the following preferred brands: BYDUREON ¹ , BYDUREON BCISE ¹ , BYETTA ¹ AND any one of the following preferred brands: OZEMPIC ¹ , RYBELSUS ¹ , TRULICITY ¹ , VICTOZA ¹	ADLYXIN ²
GLP-1 Agonist Combinations	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	SOLIQUA ² , XULTOPHY ²
SGLT2 Inhibitors	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin OR any one of the following generics: captopril, enalapril, lisinopril, quinapril, ramipril, fosinopril, trandolapril, perindopril, candesartan, valsartan, losartan, bisoprolol, carvedilol IR, carvedilol ER, metoprolol succinate, spironolactone, eplerenone	FARXIGA
	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	GLYXAMBI, JARDIANCE, SYNJARDY, SYNJARDY XR, TRIJARDY XR, XIGDUO XR
	Any one of the following preferred brands: FARXIGA ¹ , XIGDUOR XR ¹ AND any one of the following preferred brands: GLYXAMBI ¹ , JARDIANCE ¹ , SYNJARDY ¹ , SYNJARDY XR ¹ , TRIJARDY XR ¹	INVOKAMET, INVOKAMET XR, INVOKANA, QTERN, SEGLUROMET, STEGLATRO, STEGLUJAN
Short-Acting Insulin	Any two of the following preferred brands: HUMALOG, NOVOLOG, LYUMJEV	ADMELOG, APIDRA, FIASP, INSULIN ASPART, INSULIN LISPRO
Gastroenterology		
Bowel Prep Agents	Any one of the following brands: CLENPIQ, PREPOPIK, SUPREP	OSMOPREP, MOVIPREP, PLENVU
Constipation Agents	Any one of the following generics: lactulose, polyethylene glycol AND any one of the following preferred brands: LINZESS ¹ , MOVANTIK ¹ , SYMPROIC ¹	AMITIZA ²
	Any one of the following generics: lactulose, polyethylene glycol	LINZESS ² , MOVANTIK ² , SYMPROIC ²
	Any one of the following generics: lactulose, polyethylene glycol AND any one of the following preferred brands: MOVANTIK ¹ , SYMPROIC ¹	RELISTOR ²
	Any one of the following generics: lactulose, polyethylene glycol AND LINZESS ¹	MOTEGRITY ² , TRULANCE ²

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Therapeutic use	Step 1 medication	Step 2 medication
Irritable Bowel Syndrome	APRISO	ASACOL HD, DELZICOL, LIALDA
	Any one of the following generics: budesonide capsule or tablet	ORTIKOS
Pancreatic Enzymes	Both of the following preferred brands: CREON, ZENPEP	PANCREAZE, PERTZYE, VIOKACE
Proton Pump Inhibitors	Any two of the following generics or preferred brands: esomeprazole, omeprazole, lansoprazole, pantoprazole, rabeprazole, DEXILANT	ACIPHEX ² , ESOMEPRAZOLE STRONTIUM ² , FIRST-LANSOPRAZOLE, FIRST-OMEPRAZOLE, PREVACID ² , PRILOSEC ² , PROTONIX ² , ZEGERID ²
Hormone modifiers		
Thyroid Replacement	levothyroxine	ARMOUR THYROID, LEVOTHYROXINE capsules, NATURE-THROID, SYNTHROID, THYQUIDITY
Vasopressin Analogs	NOCDURNA	NOCTIVA
Miscellaneous		
Antigout Agents	colchicine tablets	colchicine capsules, COLCRYS, GLOPERBA, MITIGARE
	allopurinol	DUZALLO, ULORIC, ZURAMPIC
Intranasal Steroids	Generic mometasone nasal spray AND BECONASE AQ	XHANCE ²
Clinical Duplicates	Both of the following generics: amlodipine and celecoxib	CONSENSI
	Any two of the following generics: metoprolol tartrate, metoprolol succinate ER, bisoprolol, betaxolol, carvedilol IR or ER, labetalol, atenolol, acebutolol, propranolol IR or ER, pindolol, nadolol	KAPSPARGO
	amlodipine	KATERZIA
	baclofen	OZOBAX
	Any two of the following generics: oral prednisone, oral prednisolone, oral methylprednisolone	RAYOS
	nabumetone	RELAFEN DS
Obstetrics and Gynecology		
Contraceptives	Any one of the following generics: Eluryng, etonogestrel-ethinyl estradiol vaginal ring	ANNOVERA ²
	Any two of the following generics: norethindrone 0.35 mg, Deblitane, Sharobel, Norlyda, Lyza, Tulana, Norlyroc, Errin, Nora-Be, Jolivette, Heather, Incassia, Jencycla, Camila	SLYND
	Generic oral formulation of levonorgestrel/ethinyl estradiol AND Xulane or Zafemy	TWIRLA
Hormone Replacement	estradiol patch	ALORA, MENOSTAR, MINIVELLE
	Any one of the following preferred brands: IMVEXXY, OSPHENA, PREMARIN VAGINAL CREAM	FEMRING
	Any two of the following preferred brands: IMVEXXY, OSPHENA, PREMARIN VAGINAL CREAM	INTRAROSA

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Therapeutic use	Step 1 medication	Step 2 medication
Oncology		
Chemotherapy Rescue Agents	levoleucovorin	KHAPZORY
Ophthalmology		
Antiglaucoma Agents	All of the following generics and preferred brands: latanoprost, travoprost, LUMIGAN	VYZULTA ² , XELPROS ²
Ophthalmic Antihistamines	Both of the following generics: azelastine AND olopatadine	BEPREVE, LASTACAFT, ZERVIAE
Ophthalmic Antiinflammatory Agents	Any one of the following generics: diclofenac soln, flurbiprofen soln, ketorolac soln AND PROLENSA	BROMSITE ² , ILEVRO ² , NEVANAC ²
Respiratory		
Cystic Fibrosis (Inhaled Tobramycin Agents)	Both of the following generics: tobramycin 300mg/4 mL, tobramycin 300 mg/5 mL	BETHKIS, KITABIS, TOBI
Epinephrine Auto Injectors	Generic epinephrine	AUVI-Q 0.3 mg, AUVI-Q 0.15 mg, EIPEN, EIPEN-JR
Inhaled Corticosteroids	Any two of the following preferred brands: ARNUITY ELLIPTA, FLOVENT, PULMICORT FLEXHALER, QVAR	ALVESCO ² , ARMONAIR ² , ASMANEX ²
Leukotriene Modifiers	Any one of the following generics: montelukast, zafirlukast	zileuton ER, ZYFLO, ZYFLO CR
Long-Acting Bronchodilators	Any two of the following generics or preferred brands: fluticasone-salmeterol, ADVAIR, BREO ELLIPTA, SEREVENT, STRIVERDI RESPIMAT, SYMBICORT	ARCAPTA
	SPIRIVA	INCRUSE ELLIPTA ² , SEEBRI NEOHALER ² , TUDORZA PRESSAIR ² ,
Long-Acting Bronchodilator Combinations	Any two of the following generics or preferred brands: fluticasone-salmeterol, ADVAIR, BREO ELLIPTA, SYMBICORT	AIRDUO ² , DULERA ²
	Both of the following preferred brands: ANORO ELLIPTA, STIOLTO RESPIMAT	BEVESPI AEROSPHERE ² , DUAKLIR PRESSAIR ² , UTIBRON NEOHALER ²
Short-Acting Beta Agonist Inhalers	albuterol HFA (manufactured by Cipla, Par, Perrigo, or Teva)	albuterol HFA ² (manufactured by Prasco), levalbuterol HFA ² , PROAIR DIGIHALER ² , PROAIR HFA ² , PROAIR RESPICLICK ² , PROVENTIL HFA ² , VENTOLIN HFA ² , XOPENEX HFA ²
Urology		
BPH Agents	Any two of the following generics: alfuzosin, doxazosin, silodosin, tamsulosin, terazosin	CARDURA XL
Overactive Bladder Agents	Any one of the following generics: oxybutynin IR or ER, tolterodine IR or ER, trospium IR or ER	GELNIQUE, GEMTESA, OXYTROL ²

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Therapeutic use	Step 1 medication	Step 2 medication
Generic First	Generic equivalent	ABILIFY, ALTACE, ARIMIDEX, ARTHROTEC, ATACAND, AVAPRO, AVODART, BARACLUDE, BRISDELLE, CANASA, CARBATROL, CARDIZEM LA, CARNITOR, CATAPRES-TTS, CELEXA, CIALIS, CLARINEX, CLIMARA, CLOBEX, COLESTID, COREG, CORTEF, COSOPT, COZAAR, DELESTROGEN, DEPAKOTE, DYAZIDE, EPIDUO, ESTRACE, EXFORGE, FIORICET, FLOMAX, GENERESS FE, GLUCOPHAGE, GOLYTELY, HYZAAR, IMITREX, INDERAL, INNOPRAN, KENALOG, KEPPRA, KLONOPIN, K-TAB, LAMICTAL, LASIX, LOESTRIN, LOTREL, LYRICA, MAXALT, MICARDIS, MOBIC, NALFON, NATROBA, NEURONTIN, NIASPAN, NULYTELY, ORTHO MICRON, ORTHO-CYCLEN, ORTHO-NOVUM, PATADAY, PATANOL, PAXIL, PLAVIX, PRED FORTE, PRINIVIL, PROMETRIUM, QUESTRAN, RANEXA, RELPAX, RENAGEL, RESTORIL, RISPERDAL, SAFYRAL, SEASONIQUE, SEROQUEL, SILVADENE, SKELAXIN, SOMA, STRATTERA, SUBOXONE, TAMIFLU, TEGRETOL, TENORMIN, TIKOSYN, TIMOPTIC, TIMOPTIC-XE, TIMOPTIC OCUDOSE, TOPAMAX, TRICOR, TRILEPTAL, UCERIS, VALTREX, VANADOM, VECTICAL, VESICARE, VIGAMOX, WELCHOL, XALATAN, YASMIN, ZANAFLEX, ZESTRIL, ZONEGRAN, ZOVIRAX, ZYPREXA

Step therapy requirements are effective as of July 1, 2021. The list of step therapy medications is subject to change without notice. Step therapy requirements may vary by benefit plan. Additional clinical programs, including quantity limits and prior authorization, may exist for the above medications which may affect your prescription drug coverage.

¹ These agents are also subject to additional step requirements as indicated in table.

² Quantity limits may also apply. Please refer to the Select Quantity Limits document.

³ Applies to new starts only



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